

NEW

Chronic Pain Support Group



Wednesdays
2:00 - 3:00 PM
virtually via Zoom



About the Group

The Chronic Pain Support Group is open to individuals experiencing life with chronic pain.

This solution-focused group provides a safe space to connect, learn, and improve self-esteem.

You will have the opportunity to talk about struggles, share tips, and learn how to better manage your pain and energy.

Contact Info

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