

First Aid Kit for a family of 4

List Provided by American Red Cross

2 absorbent
compress dressings
(5x9 inches)



25 adhesive bandages in assorted sizes



1 adhesive cloth tape (10 yards x 1 inch)



5 antibiotic ointment packets



5 antiseptic wipe packets



2 packets of aspirin



1 space blanket



1 breathing barrier



1 instant cold compress



2 pair of nonlatex gloves



2 hydrocortisone ointment packets



Scissors



1 roller bandage 3 inches wide



1 roller bandages 4 inches wide



5 sterile gauze pads 3x3 inches



5 sterile gauze pads 4x4 inches



Thermometer



2 triangular bandages



Tweezers

